

STUDENT SUPPORT AT VANDYKE

Vandyke has links with a number of external agencies which come into school to provide a range of support for our students.



Brook Clinic comes into school every Thursday lunchtime to offer confidential advice and guidance to young people. Students can “drop in” or ask for an appointment. Appointments can be arranged through the year offices or by seeing Mrs Murray in the Medical Room. They will talk through options and help guide choices. They also offer advice about contraceptives, pregnancy and STIs. They can provide contraception, STI testing and pregnancy tests.



Other Local Brook Clinics: Tactic Centre 1.00-2.30 p.m. on alternate Thursdays



4YP offers independent advice and guidance to students about careers and future plans and also helps support young people with applications and career planning. Lynne Vardon, the 4YP adviser is in school on Tuesday and Thursday mornings. Appointments can be made through tutors or through Miss James, the librarian.

4YP DROP-INS - Leighton Buzzard

16-20 year old and at risk of disengaging with education, employment or training? TUESDAYS - 3pm to 6pm TACTIC, Leighton Buzzard

Other appointments available

**Madiha Qadri: 07852 31083 madihaqadri@4ypuk.com
01582 742285 info@4ypuk.com Facebook 4YPUK**

The school has counsellors who work with any students who are in need of support or counselling. Students can self-refer through their head of year or may have counselling suggested by a member of staff. Counselling sessions take place in school time and may last for a few weeks or longer depending on circumstances.

All counselling is entirely confidential.



HEALTH DROP-IN

The School Nursing Service offers a drop in session once a week on a Tuesday lunchtime. The school nurse can give advice, support and help on a range of medical issues, including nutrition, weight gain/loss, sexual health, injuries or information on any health related matters or concerns.

Appointments can be made via Lynda Murray

CONFIDENTIALITY

These services are confidential between the counsellor or health professional and the individual young person. No information is shared with school staff except as defined in the school's Child Protection Policy, and guidance from Child Protection law. This is essential to maintain the trust needed for these services to meet the needs of our students.



CAN, also known as Plan B in Bedford offers a range of support, information and advice to young people aged between 5 and 18 who use drugs and/or alcohol and also supports young people affected by someone else's use. Plan B advisers will come into school to work with individuals or groups, if needed. They are not in school on a regular basis, but we can refer students to them. If you would like more information on this, click on the picture for a link to their website.