

STUDENT SUPPORT AT VANDYKE

Vandyke has links with a number of external agencies which come into school to provide support for our students.

Appointments can be arranged to see Brook Clinic through the year offices or by seeing Mrs Murray in the Medical Room. They will talk through options and help guide choices. They offer advice about healthy relationships, contraceptives, pregnancy and STIs and can provide contraception, STI testing and pregnancy tests. Other local Brook Clinics are available at the TACTIC Centre at 17 Hockliffe Street in Leighton Buzzard: 01525 373838, Click on the logo for a link to Brook's website.



4YP offers independent advice and guidance to students about careers and future plans and also helps support young people with applications and career planning. Appointments can be made through Mrs Webb, the school co-ordinator.

4YP DROP-INS: Leighton Buzzard

TUESDAYS and WEDNESDAYS - 3pm to 6pm at TACTIC, Leighton Buzzard

Other appointments available: Wendy Millgate on 07780 448599

01582 742285 info@4ypuk.com Facebook 4YPUK

Click on the logo for a link to 4YP's website.

The school has counsellors who work with any students who are in need of support or counselling. Students can self-refer through their head of year or may have counselling suggested by a member of staff. Counselling sessions take place in school time and may last for a few weeks or longer depending on circumstances. All counselling is entirely confidential, within normal safeguarding rules.



HEALTH DROP-IN

The School Nursing Service offers a drop in session once a week on a Thursday lunchtime. The school nurse can give advice, support and help on a range of medical issues, including nutrition, weight gain/loss, sexual health, injuries or information on any health related matters or concerns.

Appointments can be made via Lynda Murray.

CONFIDENTIALITY

These services are confidential between the counsellor or health professional and the individual young person. No information is shared with school staff except as defined in the school's Child Protection Policy and guidance from child protection law. This is essential to maintain the trust needed for these services to meet the needs of our students.



Aquarius offers a range of support, information and advice to young people aged between 5 and 18 who use drugs and/or alcohol and also supports young people affected by someone else's use. Aquarius will come into school to work with individuals or groups, if needed. They are not in school on a regular basis, but we can refer students to them. If you would like more information on this, click on the picture to the left for a link to their website.

Other support services available to students

include:

Teenage advice and information from TACTIC:

To report online concerns:



Internet advice:



Prevention of young suicide:

HOPELineUK

0800 068 41 41

PAPYRUS
prevention of young suicide