

Tuesday 31st October 2017 **Central Bedfordshire Pupil Health and Wellbeing Survey 2017**

Dear Parents and Carers,

Our school, along with many others across Central Bedfordshire, has agreed to participate in a very important Health and Wellbeing Survey amongst Years 10 and 12.

The survey has been commissioned by the Council to ensure services are responsive to local need. Participation in the survey will also benefit the school enabling them to:

- Review the curriculum to meet the needs of pupils
- Establish a starting point for discussion in classroom activities
- Identify appropriate training for staff
- Develop a whole school approach to health and wellbeing

The age appropriate survey questions have been developed by the Schools Health Education Unit in consultation with local schools and health professionals.

The questions include:

- ❖ **Happiness and worries**
- ❖ **Drugs and alcohol (senior)**
- ❖ **Smoking**
- ❖ **Relationships**
- ❖ **Bullying**
- ❖ **Resilience**

Please be assured that each questionnaire is anonymous and confidential, and no pupil will be identified when the data is returned to your school. The Local Authority will receive a summary of all schools in which individual schools are not identified.

The survey will be carried out in mid November 2017. We hope you will support the school in its decision to take part in this beneficial survey. If you have any objections, or would like to view a paper copy of the survey, please contact me at symingtona@vandyke.cbeds.co.uk

Yours sincerely,

A. Symington (Team Leader of Life Skills)